

MEALS ON WHEELS

- TIME:** Delivery will commence at 11.45am
- COST:** **\$9.10 (including GST)** - includes main and dessert
\$6.10 (including GST) - without dessert
- BILLING/PAYMENT:** Mailed out every month by Administration office – Please do not hand cash to volunteer delivery person. Prices may be arranged in accordance with the cost of living index at the discretion of Trinity Home and Hospital and delivered by volunteer services as before.
- TYPE:** 2 course meal consisting of main and dessert
- AVAILABILITY:** 7 days per week – you can also choose the days if you don't want a meal every day
- SAMPLE MENU:** We have a six week rotating menu which includes meat and three vegetables per day and a hot or cold dessert. If required diabetic meals and / or vegetarian meals can be provided.
- CONTACT:** Administration office at Trinity Home and Hospital 278 4189 for any further information.
- CANCELLATIONS:** If you wish to cancel your meal due to holiday or being hospitalised, having visitors who can do the cooking, or being away for the day, then please phone **278 4189** no later than 9.30am on the day the meal is going to be cancelled.
- SERVICE:** This service is offered to people who require Meals on Wheels and who are able to contribute more financially than those on only National Superannuation.
- CONTAINERS:** Meals are provided in disposable containers. If you cannot see to do so or having severe rheumatoid arthritis in your fingers and cannot lift lids, please ask the driver to do so for you and they will gladly oblige. Meals are not dished out except in special circumstances. The disposable containers may go into your oven or meal may be re-plated and put in a microwave.